



# FILL A BEACH BAG. FEED A BEACH CHILD.

## BEACH BAGS FOOD DRIVE

**Thursday, October 24, 10 a.m. - 7 p.m.**

The Beach Bags program provides meals and healthy snacks to disadvantaged students who may not have enough to eat over weekends and school vacations.



### HOW CAN YOU HELP?

Drop off food items at any Virginia Beach food drive location:

**Pembroke Mall** 4554 Virginia Beach Boulevard  
(Kohl's parking lot behind Walgreens)

**Participating neighborhood schools** (school hours only)

Monetary donations will also be accepted.

*Tax-deductible contributions can be made through the Virginia Beach Education Foundation at [www.vbef.org](http://www.vbef.org).*

### WHAT'S IN A BEACH BAG?

- 2** INDIVIDUAL-SIZED CEREAL BOXES OR OATMEAL PACKETS
- 2** 8 OZ. SHELF-STABLE MILK CARTONS (Juice box sized)
- 2** SHELF-STABLE MAIN COURSE ITEMS (Ravioli, spaghetti & meatballs, beef stew, chicken & dumplings, tuna/chunk chicken, macaroni & cheese, chunky soups, etc.)
- 2** 4 OZ. (OR LARGER) FRUIT CUPS and/or 100% JUICE BOXES
- 2** INDIVIDUALLY WRAPPED SNACK ITEMS (Granola or cereal bars, raisins, pretzels, snack crackers, etc.)

FOR MORE INFORMATION

Contact the Office of Strategic Communications at (757) 263-1949.

[www.vbschools.com/beachbags](http://www.vbschools.com/beachbags) ▪ [www.vbef.org](http://www.vbef.org)