

# VIRGINIA BEACH CITY PUBLIC SCHOOLS' – ESSENTIAL COUNSELING SERVICES BY LEVEL

VBCPS' SCHOOL COUNSELING RESPONSIBILITIES <i>(based on school needs)</i>	GRADE LEVEL			AREA	VA & VBCPS STANDARDS	*STUDENT MINDSETS AND BEHAVIORS
	ES	MS	HS			
Comprehensive Guidance Curriculum	√	√	√	<b>Academic</b>	<p><b>VA Standard</b> Students will acquire the academic preparation essential to choose from a variety of educational, training and employment options upon completion of secondary school.</p> <p><b>VBCPS Standards</b>  <b>Standard 1:</b> Students will acquire the attitudes, knowledge and skills necessary for effective learning.  <b>Standard 2:</b> Students will understand their academic status toward meeting graduation requirements and the preparation necessary to transition to post-secondary options.  <b>Standard 3:</b> Students will attain the knowledge and skills necessary to make a successful transition to post-secondary options and skills needed for independent living.</p>	<p>MINDSETS:</p> <ul style="list-style-type: none"> <li>√ Self-confidence in ability to succeed</li> <li>√ Positive attitude toward work and learning</li> </ul> <p>BEHAVIORS:</p> <ul style="list-style-type: none"> <li>✓ Use time-management, organizational and study skills</li> <li>✓ Identify long- and short-term academic, career and social/emotional goals</li> <li>✓ Set high standards of quality</li> <li>✓ Actively engage in challenging coursework</li> <li>✓ Demonstrate ability to work independently</li> <li>✓ Demonstrate the ability to overcome barriers to learning</li> <li>✓ Use effective oral and written communication skills and listening skills</li> <li>✓ Create relationships with adults that support success</li> </ul>
Small Group Guidance – Academic Issues	√	√	√			
Individual Counseling and Parent Conferences around Academic Concerns	√	√	√			
Academic and Career Plans (Grades 5,7,8,10)	√	√	√			
Conduct Parent Workshops (SOL Nights, PSAT, SAT, ACT)	√	√	√			
Develops <b>504</b> Plans and Serves as Case Managers (as needed)	√	√	√			
Assists with Academic Incentives, Functional Behavioral Assessments, Behavior Intervention Plans and SRT/Special Education Committees	√	√	√			
Academic Advisement and Course Selection	√	√	√			
Referrals to Specialty Middle, Academies and High School Programs	√	√	√			
Senior Notification – Graduation Plan/Jeopardy Letters			√			
Certifies Student Records for Graduation; Credit Checks			√			
Promote Academy Night and MYP & KLMS Programs	√	√				
Re-enrollment/Truancy/Drop Out Prevention	√	√	√			
Matriculation to Middle/High School/College	√	√	√			
Coordination of Transitional Orientation	√	√	√			
Peer Tutoring	√	√	√			
Bolsters Academic Skills –Study, Test and Note Taking, Organization, Time Management, Improvement Programs	√	√	√			
Counseling Students with Individualized Education Plans when Identified	√	√	√			
Support Service Learning Opportunities	√	√	√	<b>College/Career</b>	<p><b>VA Standard</b> Students will investigate the world of work in order to make informed career decisions.</p> <p><b>VBCPS Standards</b>  <b>Standard 4:</b> Students will develop the skills necessary to explore self-interests that should influence informed career decisions.  <b>Standard 5:</b> Students will develop interpersonal skills and professional standards needed for successful employment.  <b>Standard 6:</b> Students will develop and maintain skills necessary to identify global societal and economic trends that influence employment opportunities and future training.</p>	<p>MINDSETS:</p> <ul style="list-style-type: none"> <li>√ Understanding that postsecondary education and life-long learning are necessary for long-term career success</li> <li>√ Belief in using abilities to their fullest to achieve high-quality results and outcomes</li> </ul> <p>BEHAVIORS:</p> <ul style="list-style-type: none"> <li>✓ Apply self-motivation and self-direction to learning</li> <li>✓ Apply media and technology skills</li> </ul>
Conduct Career Interest Inventory (5,7,8,10)	√	√	√			
College and Career Awareness, Exploration and Selection (Classroom Guidance, School-Wide Activities, Individual Planning)	√	√	√			
College and Career Readiness Sessions with Parents	√	√	√			
Student Enrichment (Job Shadowing, Apprenticeships, Student Leadership, Clubs, Gold, Athletics, Organizations)	√	√	√			
Military Recruiter Visits			√			
Support College Admissions (Applications, Transcripts, Recommendations, Resumes)			√			

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	ES	MS	HS			
Informs, Encourages and Refers Students to College Preparatory Programs (AVID, Spartan Prep, ACCESS, Gear-Up, Upward Bound)	√	√	√	<b>College/Career</b>	<b>VA Standard</b> Students will investigate the world of work in order to make informed career decisions.  <b>VBCPS Standards</b> <b>Standard 4:</b> Students will develop the skills necessary to explore self-interests that should influence informed career decisions. <b>Standard 5:</b> Students will develop interpersonal skills and professional standards needed for successful employment. <b>Standard 6:</b> Students will develop and maintain skills necessary to identify global societal and economic trends that influence employment opportunities and future training.	✓ Participate in enrichment and extracurricular activities ✓ Demonstrate advocacy skills and ability to assert self, when necessary
College and Career Admissions Testing and Interpretation (ASVAB, SAT, ACT, PSAT & AP)			√			
College Affordability Planning (Scholarships, Financial Aid Information, Savings Plan)			√			
Schedule and/or Promote College and Career Day/Fair, Career Connections, College Representative Visits, College Night	√	√	√			
Connects Students with Community Programs, Mentoring, Tutoring, Enrichment Activities and Summer Programs (Horizons/Tech Camps)	√	√	√			
Informs Students Regarding Options for Acceleration and Diversified Learning (MYP & KLMS Programs, Virtual Virginia, Concurrent and Dual Enrollment)	√	√	√			
Individual and Small Group Counseling	√	√	√	<b>Personal/Social</b>	<b>VA Standard</b> Students will acquire an understanding of, and respond for, self and others, and the skills to be responsible citizens.  <b>VBCPS Standards</b> <b>Standard 7:</b> Students will continue to use family, peer, school, and community resources to make decisions and understand consequences of their choices. <b>Standard 8:</b> Students will continue to acquire the appropriate developmental skills necessary to recognize and respect individual differences, learn effective communication, and demonstrate an understanding of rules, laws, and safety of others. <b>Standard 9:</b> Students will continue to develop appropriate communication and conflict resolution skills with peers and adults to achieve goals.	<b>MINDSETS:</b> ✓ Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being ✓ Sense of belonging in the school environment  <b>BEHAVIORS:</b> ✓ Demonstrate effective coping skills when faced with a problem ✓ Demonstrate the ability to balance, school, home and community activities ✓ Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities ✓ Create positive and supportive relationships with other students ✓ Demonstrate empathy ✓ Demonstrate ethical decision-making and social responsibility
Mandated Reporting of Child Abuse/Neglect	√	√	√			
Suicidal Ideation; Self-Mutilation; Identity	√	√	√			
Support Registration of Homeless Families	√	√	√			
Support Pregnant Girls' Continuation of Education		√	√			
Homebound and Hospital Teaching Process	√	√	√			
Crisis Response and Grief and Loss Counseling	√	√	√			
Bullying and Harassment Reporting And Investigation	√	√	√			
Presentations To Building Staff: Bullying and Intimidation	√	√	√			
Consultation with Teachers; Observation of Students with Academic and Behavioral Needs	√	√	√			
Citizen of the Month, Principles of American Citizenship	√	√				
Deployment Assistance	√	√	√			
Behavior Incentive Programs	√	√				
Mentorship, Peer Mentoring, New Student Programs	√	√	√			
Advisory Council for School Counseling Program	√	√	√			

VBCPS Office of Student Support Services

\*American School Counselor Association Mindsets & Behaviors