Welcome to Kindergarten
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</table>
Welcome to Kindergarten

Kindergarten is an exciting time of new beginnings and of learning new things each and every day. In Virginia Beach City Public Schools, our primary focus is on teaching and assessing the skills our students need to thrive. Some of the skills you will see in your child’s kindergarten classroom include:

- Generating ideas and unique solutions.
- Identifying problems, questioning strategies and developing solutions.
- Asking how and why questions and having students defend their answers and explain their thinking.
- Listening attentively and communicating ideas.
- Collaborating to solve a problem and develop a product.
- Searching for and using information from print and pictures to comprehend text.
- Retelling a story and identifying facts.
- Identifying and discussing characters, setting and events of a story.
- Using technology to leverage learning experiences.
- Writing and illustrating stories about learning experiences.
- Exploring numbers, quantities and relationships through problem-solving and reasoning.
- Self-managing, responsible decision making and becoming more socially aware while working with partners, in a group and individually.
Our kindergarten program is developmental; lessons and activities are designed to meet the needs of students based on their individual stages of development. The kindergarten program integrates the teaching of language arts, mathematics, science, social studies and health through a language-rich curriculum.

VBCPS recognizes that a child’s first and most important teacher is his/her parents/guardians; therefore parental involvement in the learning process is highly valued. You will receive ongoing communication regarding your child’s progress through a variety of methods such as notes, emails, phone calls, ParentVUE, conferences, progress reports and report cards.

Again, welcome to kindergarten and the beginning of your child’s academic career with VBCPS! Should you have any additional questions about the kindergarten program, please contact the Department of Teaching and Learning at 757-263-1070.
Enrolling Your Child

How do I find out what school my child/children will attend?

If you are planning on relocating to Virginia Beach or recently moved to the area, you can find your assigned elementary, middle or high school by visiting our School Locator/Map Center – found on vbschools.com, under Parents and Student Registration.

You may also call the Office of Demographics and Planning at 757-263-1055 or email vbschzones@vbschools.com.

The office staff in every school is able to assist you with registering your child for kindergarten and answering questions you may have about your child’s school. Elementary school office hours are from 7:30 a.m. to 4 p.m., Monday-Friday. During the summer months, office hours may vary.

What do I bring to register my child?

- Two proofs of residence/address (lease agreement/mortgage statement and current gas, electric or water bills)
- Certified birth certificate
- Physical examination report (Virginia Form MCH-213G or similar physical form from your provider dated within 12 months prior to starting kindergarten)
- Current immunization records (verified on Virginia Form MCH-213G, public health department form or an immunization document from a qualified physician or licensed nurse practitioner)
- Two current emergency contact phone numbers
Have a question about shared housing, child custody or residency?
This information can be found by reading School Board Regulation 5-10.1 available on vbschools.com.

Where do I register my child for school?
Registration for all students is conducted at the assigned home school based on your current Virginia Beach address.
DPT - A minimum of four doses, with at least one dose administered on or after the child’s fourth birthday.

Polio - A minimum of four doses, with at least one dose administered on or after the child’s fourth birthday.

Measles, Mumps, Rubella (MMR) requirements:
- Measles (Rubeola) - Two doses of the Measles (Rubeola) vaccine are required for all students enrolled in kindergarten through grade 12. The first dose must have been at age 12 months or older; the second dose no sooner than one month after the first dose.

- Rubella - A minimum of one dose of each administered at 12 months or older. This is usually given in combination with Measles (Rubeola) as the MMR vaccine.

- Mumps - Two doses of the Mumps vaccine is required before entering kindergarten. This is usually administered in combination with the Measles (Rubeola) as the MMR vaccine.

Hepatitis B - A series of three vaccines is required for all students born on or after Jan. 1, 1994. The third dose must not have been given before 24 weeks of age.

Varicella (Chickenpox) - A minimum of two doses is required before entering kindergarten (effective March 3, 2010) unless a history of chickenpox disease or lab tests are provided by a licensed qualified physician or licensed nurse practitioner. The first chickenpox dose must have been administered after 12 months of age.

A student whose immunizations are incomplete may be admitted conditionally, if the student provides documentary proof at the time of enrollment of having received at least one dose of the required immunization(s) accompanied by a schedule from their healthcare provider for completion of the remaining required dosage(s). At the time of enrollment, ALL immunizations must be as current and as up-to-date as possible. Enrollment and attendance can be delayed if compliance with immunization requirements is not met.
Questions regarding immunization requirements may be directed to your school nurse or to the Student Health Services Office at 757-263-2025.

## Immunization Clinics

<table>
<thead>
<tr>
<th>Clinic</th>
<th>Address</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Virginia Beach Department of Public Health</td>
<td>4452 Corporation Lane, Virginia Beach, VA 23462</td>
<td>(757) 518-2700</td>
</tr>
<tr>
<td>Boone Clinic</td>
<td>Joint Expeditionary Base Little Creek - Ft. Story West Campus, 1035 Nider Boulevard, Suite 100, Virginia Beach, VA 23459</td>
<td>(757) 953-8262</td>
</tr>
<tr>
<td>Branch Health Clinic</td>
<td>Naval Air Station Oceana, 1550 Tomcat Boulevard, Suite 150, Virginia Beach, VA 23460</td>
<td>(757) 953-3805</td>
</tr>
</tbody>
</table>

**Clinic Hours**
- **Monday, Wednesday, Thursday:** 8-10 a.m. and 1-3 p.m.
- **Tuesday:** 8:15-10 a.m.
- **Friday:** 8:15-10:30 a.m. *BY APPT ONLY*

**MILITARY FAMILIES**

<table>
<thead>
<tr>
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<tr>
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<td>(757) 953-8262</td>
</tr>
</tbody>
</table>

**Clinic Hours**
- **Monday-Friday:** 7 a.m. to 3:15 p.m.

**Branch Health Clinic**

<table>
<thead>
<tr>
<th>Clinic</th>
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</thead>
<tbody>
<tr>
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<td>Naval Air Station Oceana, 1550 Tomcat Boulevard, Suite 150, Virginia Beach, VA 23460</td>
<td>(757) 953-3805</td>
</tr>
</tbody>
</table>

**Clinic Hours**
- **Monday-Friday:** 7 a.m. to 7 p.m.

Please have medical records, immunization records, military ID cards and Virginia Form MCH-213G (Commonwealth of Virginia School Entrance Health Form) with you.
What Parents Need to Know

Breakfast/Lunches
The Office of Food Services offers healthy, nutritious meals for breakfast and lunch every day. Information on menus, pricing, and nutrition is included in the Elementary School Parent/Student Handbook distributed during the beginning of the school year and is posted on vbschools.com.

Course Information
The Department of Teaching and Learning’s Kindergarten Parent/Student Course Information Guide is available to students the first week of school and provides insight into the instructional program and learning expectations for your child. This publication highlights grade-level objectives that include the Virginia Standards of Learning (SOL).

Health Insurance
Health insurance is available for children of families who qualify based on income, through Family Access to Medical Insurance Security FAMIS. For more information or to determine eligibility, call 1-855-242-8282 or visit coverva.org.

Medication/Special Care Needs
Medication should be taken to school by parents, guardians or an adult designee. All medication, prescribed (in original labeled container) and over-the-counter (in new sealed container). The following authorization forms completed by a physician, nurse practitioner, physician’s assistant, or dentist are acceptable for medication administration in school and include the parent’s signature: Request for Administration of Medication in Hampton Roads Schools, Virginia Asthma Action Plan, or Life-Threatening
Allergy Management Plan, and must be provided with the ordered medication. Forms can be obtained on the vbschools.com, Students, Health Services Forms, webpage. Contact your child’s school for guidelines on administering medicine to children.

Parents are asked to contact the school nurse if a child has any special nursing care needs that must be provided during school hours. Examples of this include catheterization, blood sugar checking, seizure precautions and other medical needs.

The nurse will facilitate and coordinate arrangements for meeting these needs, along with parent and physician collaboration and input.

Out-of-Zone Attendance

The Virginia Beach School Board has established criteria for students to attend a school out-of-zone (a school other than the student’s established attendance area). The criteria (School Board Regulation 5-14.1) to determine eligibility for attending an out-of-zone school, along with a Student Placement Request Form, are available in each school and vbschools.com. To apply for an out-of-zone transfer, a Student Placement Request Form must be completed annually. For additional information, please contact your school principal.
Preparing for the First Day of School

Did you know that there are many simple ways you can help prepare your child for kindergarten? Simple things like listening to stories and rhymes, talking to your child about his/her interests or identifying letters and numbers on street signs, storefronts and even license plates make a big difference. Working with your child on sharing, taking turns, listening and following directions will help him/her with the transition into school.

Our elementary school principals and kindergarten teachers offer these additional helpful tips to ensure your child starts kindergarten strong:

 ✓ Help your child identify and write his or her full name.

 ✓ Help your child to communicate his or her full name, address, phone number and guardian’s full name.

 ✓ Help your child practice identifying basic colors like red, yellow, orange, green, blue, purple, brown, black and pink.

 ✓ Read to your child for 10-15 minutes daily. Pause while reading and ask questions about the story.

 ✓ Listen to educational music songs in the car or at home.

 ✓ Encourage your child to perform self-care tasks independently, to include hand washing, zipping, buttoning and shoe tying.

 ✓ Talk to your child about how you use reading, writing and math at your job or at home.

 ✓ Ask your child to help you with simple household chores (e.g., cleaning up messes, sorting items into categories, measuring).
As a parent/guardian, your homework for the first day of school is to write your child’s name on all personal items including his/her book bag, coat, hat and gloves. If your child will be riding the bus, it is recommended that he/she rides the bus on the first day to familiarize him/her with the routine. Did you know that having your child practice sitting properly in the car will prepare him/her for riding the bus?
Reading aloud is one of the most important experiences you can provide your child, as it increases vocabulary, builds story understanding and encourages a love of reading. Four- and 5-year olds enjoy listening to all kinds of literature. Stories read to them should be short with attractive illustrations. Try taking a “picture walk” with your child using their favorite book by asking him/her to tell you what he/she thinks is happening in the picture.
Bus transportation is provided to and from school for VBCPS students and is based on each school’s transportation zone. Bus routes and pickup times are searchable by your home address on vbschools.com.

As a parent, you can help ensure our students arrive to and from school safely each day. Be sure your child arrives at the bus stop five minutes before the bus is scheduled to arrive and remind your child to stand at least five giant steps (10 feet) away from the curb and line up away from the bus. In addition, school bus routes that are dedicated to preschool students should always have a responsible person waiting at the bus stop when children are dropped off from school. If not, the child will be returned to school and the parent will be contacted. Please consider sharing “watch” responsibilities with a neighbor so your child has an adult overseeing safety at the bus stops. If possible, use the buddy system and have your child travel in a group or with fellow students.

All parents must fill out a Transportation Registration Request Form during the time they register their child, and thereafter, annually by the last day of school.

Help your child practice the following school bus safety tips:

 ✓ Children should never run in front of or behind the school bus to pick up something that he or she dropped or forgot.

 ✓ Children should never run after the school bus if it has already left the bus stop.

 ✓ Make sure your child does not step onto the bus until it has completely stopped.
✓ Remind your child to take firm hold of the handrail after the bus stops and the door opens.

✓ Children should never push another student while getting on or off the bus.

✓ All students riding the bus should go directly to a seat and sit quietly. This allows the bus driver to concentrate on driving safely.

✓ Students should never place any part of their body through the bus window.

✓ Make sure your child is aware of the Danger Zone and is always within sight of the bus driver. The Danger Zone is a 10-foot wide area on all sides of a school bus — an area where children are in the most danger of being hit. Children should be taught to stay 10 feet away from the school bus and to never go behind it.

Will your kindergartner be walking to school instead?

If possible, use the buddy system and have your child travel with a group. Parents are welcome to organize a “group walk” so that students who walk to school could meet at a certain time and place and walk together in a large group. If you would like to help organize such a group, please call or visit the school office. In addition, remind your kindergartner to:

✓ Always walk on the sidewalk, or if there isn’t one, on the road facing traffic.

✓ Only cross streets at corners or crosswalks.

✓ Look left, then right, then left again before stepping into the road.

✓ Run away if a stranger approaches and immediately report the incident to an adult.

Whenever possible, please try to get the plate number of any suspicious vehicle in your neighborhood — particularly during the morning pick-up and afternoon delivery times. Please report this information to the police and the school.
## Kindergarten School Hours

### Group “A”
#### Elementary Schools

<table>
<thead>
<tr>
<th>Office Hours</th>
<th>Student Hours</th>
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</thead>
<tbody>
<tr>
<td>7:30 a.m. - 4 p.m.</td>
<td>8:10 a.m. - 2:40 p.m.</td>
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</table>

- Arrowhead
- Bayside
- Birdneck
- Centerville
- Christopher Farms
- College Park
- John B. Dey
- Fairfield
- Glenwood
- Holland
- Landstown
- Luxford
- Lynnhaven
- Ocean Lakes
- Pembroke
- Providence
- Red Mill
- Rosemont
- Shelton Park
- Thalia
- Three Oaks
- Trantwood
- Williams
- Windsor Woods

### Group “B”
#### Elementary Schools

<table>
<thead>
<tr>
<th>Office Hours</th>
<th>Student Hours</th>
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</thead>
<tbody>
<tr>
<td>7:30 a.m. - 4 p.m.</td>
<td>8:40 a.m. - 3:10 p.m.</td>
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</tbody>
</table>

- Alanton
- Brookwood
- Cooke
- Corporate Landing
- Creeds
- Diamond Springs
- Green Run
- Hermitage
- Indian Lakes
- Kempsville
- Kempsville Meadows
- King’s Grant
- Kingston
- Linkhorn Park
- Malibu
- New Castle
- Newtown
- North Landing
- Parkway
- Pembroke Meadows
- Point O’View
- Princess Anne
- Rosemont Forest
- Salem
- Seatack
- Strawbridge
- Tallwood
- Thoroughgood
- White Oaks
- Windsor Oaks
- Woodstock
Adjusted Dismissal Schedule for Elementary Schools

<table>
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<tr>
<th>KINDERGARTEN</th>
<th>Group “A”</th>
<th>Group “B”</th>
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<tbody>
<tr>
<td></td>
<td>Elementary Schools</td>
<td>Elementary Schools</td>
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<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>8:10 a.m. - 12:10 p.m.</td>
<td>8:40 a.m. - 12:40 p.m.</td>
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</table>

Delayed Start Times Due to Weather
At times, school opening is delayed due to weather conditions.

Notification Process of School Emergencies, Closings or Cancellations

Should there be a school emergency, delay, closing or cancellation due to inclement weather, or any other condition that may affect the safety of our students, parents will be notified via phone and/or email, using the AlertNow parent notification system. An official notice will also be posted on vbschools.com.

You may subscribe to vbschools x-tra in order to be placed on our email list and receive notification of adjusted dismissal schedules and school closings due to holidays.

If you do not have access to vbschools.com, call 757-263-1000 for the most current information on school openings or closings.
VBCPS encourages parents and families to play an active role in their child’s academic career — starting in kindergarten! There are many ways you can stay connected, from participating in back-to-school and orientation programs, to arranging a meeting at the school to monitor your child’s progress or calling or emailing your child’s teachers.

AlertNow, a rapid notification system, is used by every school to contact parents about important school information and events, testing schedules, report card distribution, open houses, delayed buses, field trips, emergency situations and more. Messages can be delivered to your home phone, cell phone and/or e-mail.

Plus, all parents have access to the VBCPS Parent Portal, an online tool that allows you to monitor your child’s progress in school. The VBCPS Parent Portal can be accessed from the home page of every school’s website.

Parent Connection is a resource intended to link Virginia Beach families to classes, training, resources and other opportunities to help with all facets of parenting. Visit the Parent Connection page on vbschools.com and check out the calendar of events updated on a regular basis.

Did you know that VBCPS has its own news blog? The Core, www.vbcpsblogs.com/core, delivers the latest information, stories and pictures from the schools as well as provides a more in-depth look into the day-to-day work of students, partners, volunteers and staff. Readers can subscribe to The Core to get email updates when new stories are available. Families also receive the division’s weekly newsletter, A Slice of VBCPS, which features articles, videos and photos from school events and activities as well as a Parent Connection Tip of the Week.
For even more news about Virginia Beach City Public Schools

Like us on Facebook at Facebook.com/VBSchools

Follow us on Twitter @VBSchools

Follow us on Instagram @VBSchools
<table>
<thead>
<tr>
<th>Elementary School</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alanton</td>
<td>(757) 648-2000</td>
</tr>
<tr>
<td>Arrowhead</td>
<td>(757) 648-2040</td>
</tr>
<tr>
<td>Bayside</td>
<td>(757) 648-2080</td>
</tr>
<tr>
<td>Birdneck</td>
<td>(757) 648-2120</td>
</tr>
<tr>
<td>Brookwood</td>
<td>(757) 648-2160</td>
</tr>
<tr>
<td>Centerville</td>
<td>(757) 648-2200</td>
</tr>
<tr>
<td>Christopher Farms</td>
<td>(757) 648-2240</td>
</tr>
<tr>
<td>College Park</td>
<td>(757) 648-2280</td>
</tr>
<tr>
<td>Cooke</td>
<td>(757) 648-2320</td>
</tr>
<tr>
<td>Corporate Landing</td>
<td>(757) 648-2360</td>
</tr>
<tr>
<td>Creeds</td>
<td>(757) 648-2400</td>
</tr>
<tr>
<td>Diamond Springs</td>
<td>(757) 648-2440</td>
</tr>
<tr>
<td>Fairfield</td>
<td>(757) 648-2480</td>
</tr>
<tr>
<td>Glenwood</td>
<td>(757) 648-2520</td>
</tr>
<tr>
<td>Green Run</td>
<td>(757) 648-2560</td>
</tr>
<tr>
<td>Hermitage</td>
<td>(757) 648-2600</td>
</tr>
<tr>
<td>Holland</td>
<td>(757) 648-2640</td>
</tr>
<tr>
<td>Indian Lakes</td>
<td>(757) 648-2680</td>
</tr>
<tr>
<td>John B. Dey</td>
<td>(757) 648-2720</td>
</tr>
<tr>
<td>Kempsville</td>
<td>(757) 648-2760</td>
</tr>
<tr>
<td>Kempsville Meadows</td>
<td>(757) 648-2800</td>
</tr>
<tr>
<td>King’s Grant</td>
<td>(757) 648-2840</td>
</tr>
<tr>
<td>Kingston</td>
<td>(757) 648-2880</td>
</tr>
<tr>
<td>Landstown</td>
<td>(757) 648-2920</td>
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<tr>
<td>Linkhorn Park</td>
<td>(757) 648-2960</td>
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<tr>
<td>Luxford</td>
<td>(757) 648-3000</td>
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<tr>
<td>Lynnhaven</td>
<td>(757) 648-3040</td>
</tr>
<tr>
<td>Malibu</td>
<td>(757) 648-3080</td>
</tr>
</tbody>
</table>
New Castle ........................... (757) 648-3080
North Landing .......................... (757) 648-3160
Ocean Lakes ........................... (757) 648-3200
Parkway ................................. (757) 648-3280
Pembroke ................................. (757) 648-3320
Pembroke Meadows ...................... (757) 648-3360
Point O’View ......................... (757) 648-3440
Princess Anne .......................... (757) 648-3480
Providence ............................... (757) 648-3520
Red Mill ................................. (757) 648-3560
Rosemont ................................. (757) 648-3600
Rosemont Forest ...................... (757) 648-3640
Salem ................................. (757) 648-3680
Seatack ................................. (757) 648-3720
Shelton Park ............................ (757) 648-3760
Strawbridge ............................. (757) 648-3800
Tallwood ................................. (757) 648-3840
Thalia ................................. (757) 648-3880
Thoroughgood ...................... (757) 648-3920
Three Oaks ............................. (757) 648-3960
Trantwood ............................. (757) 648-4000
White Oaks ............................. (757) 648-4040
Windsor Oaks ...................... (757) 648-4120
Windsor Woods .................. (757) 648-4160
Woodstock ........................ (757) 648-4200
Please review the following information that summarizes School Board policies, regulations and procedures that directly affect middle school students. Additional information and direction can be found on the School Division’s website (www.vbschools.com); in the Code of Student Conduct, Secondary School Curriculum Student Guide; transportation rules; Code of Virginia; and the Virginia Beach City Public Schools’ Policies and Regulations page which are online at www.vbschools.com/policies. Individual school rules are provided by each school. Students and parents/legal guardians are to return the completed forms following a review of the material. Students are required to carry their student planners whenever moving through a school building.

Notice of Non-Discrimination Policy
Virginia Beach City Public Schools does not discriminate on the basis of race, color, religion, national origin, sex, sexual orientation/gender identity, pregnancy, childbirth or related medical condition, disability, marital status, age, genetic information or veteran status in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. School Board policies and regulations (including but not limited to, Policies 2-33, 4-4, 5-7, 5-19, 5-20, 5-44, 6-7, 7-48, 7-49, 7-57 and Regulations 4-4.1, 4-4.2, 5-44.1, 7-11.1, 7-17.1 and 7-57.1) provide equal access to courses, programs, counseling services, physical education and athletic, vocational education, instructional materials, and extracurricular activities.
To seek resolution of grievances resulting from alleged discrimination or to report violations of these policies, please contact the Title VI/Title IX Coordinator/Director of Student Leadership at (757) 263-2020, 1413 Laskin Road, Virginia Beach, Virginia, 23451 (for student complaints) or the Section 504/ADA Coordinator/Chief Human Resources Officer at (757) 263-1133, 2512 George Mason Drive, Municipal Center, Building 6, Virginia Beach, Virginia, 23456 (for employees or other citizens). Concerns about the application of Section 504 of the Rehabilitation Act should be addressed to the Section 504 Coordinator/Executive Director of Student Support Services at (757) 263-1980, 2512 George Mason Drive, Virginia Beach, Virginia, 23456 or the Section 504 Coordinator at the student’s school.
For students who are eligible or suspected of being eligible for special education or related services under IDEA, please contact the Office of Programs for Exceptional Children at (757) 263-2400, Laskin Road Annex, Virginia Beach, Virginia, 23451.
Alternative formats of this publication which may include taped, Braille, or large print materials are available upon request for individuals with disabilities. Call or write the Department of School Leadership, Virginia Beach City Public Schools, 2512 George Mason Drive, P.O. Box 6038, Virginia Beach, VA 23456-0038. Telephone 263-1088 (voice); fax 263-1260; 263-1240 (TDD) or email her at DeptofSchoolLeadership@vbschools.com.

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April 2020