



Department of Teaching & Learning
Parent/Student Course Information

Psychology II
(SO 2901)

One-half elective credit, one semester

Grades 10-12

Counselors are available to assist parents and students with course selections and career planning. Parents may arrange to meet with the counselor by calling the school's guidance department.

COURSE DESCRIPTION

The topics addressed in Psychology I are examined in greater depth in Psychology II. These include principles of learning, processes of thinking, development of personality, measurement of intellectual ability and the study of heredity and environment. New topics introduced include psychological statistics, testing, developmental psychology, sensation and perception.

Psychology II is a one-semester elective course offered to students in grades ten through twelve and carries one-half unit of credit.

PREREQUISITE

Psychology I

OPTIONS FOR NEXT COURSE

Any elective offering

REQUIRED STUDENT TEXTBOOK

Psychology: Principles in Practice (Holt McDougal, 2010)

SUPPLEMENTARY MATERIALS

The teacher may choose to supplement the textbooks with materials to extend and enrich the student's understanding of course topics. These materials will be drawn from daily newspapers, periodicals, television and other visual media, primary source documents, simulations, computer programs and online resources.

VIRGINIA BEACH STANDARDS AND OBJECTIVES PSYCHOLOGY II

Unit 1: Adolescence and Adulthood

- PSYII.1.1 Describe the physical development of adolescence.
- PSYII.1.2 Describe the cognitive and social development of adolescents.
- PSYII.1.3 Describe the aspects of identity formation.
- PSYII.1.4 Describe the social changes associated with adulthood.
- PSYII.1.5 Describe the physical changes associated with adulthood.
- PSYII.1.6 Describe the social changes associated with old age.
- PSYII.1.7 Describe the physical changes associated with old age.
- PSYII.1.8 Describe the cognitive changes associated with old age.
- PSYII.1.9 Describe the personal and societal aspects of thanatology.

Unit 2: Motivation and Emotion

- PSYII.2.1 Summarize the major theories of motivation.
- PSYII.2.2 Describe the physical and psychological characteristics of hunger and thirst.
- PSYII.2.3 Identify examples of learned (psychological) drives.
- PSYII.2.4 Describe both the universal and environmentally determined expressions of emotions.
- PSYII.2.5 Summarize the major theories of experiencing emotion.

Unit 3: Personality

- PSYII.3.1 Describe components of psychoanalytic/personality theory.
- PSYII.3.2 Describe the characteristics of learning personality theory.
- PSYII.3.3 Describe the characteristics of humanistic personality theory.
- PSYII.3.4 Describe the characteristics of trait-perspective personality theory.
- PSYII.3.5 Describe the characteristics of social-cognitive personality theory.
- PSYII.3.6 Describe the major types of personality tests.

Unit 4: Intelligence and Testing

- PSYII.4.1 Define intelligence.
- PSYII.4.2 Trace the historical development of intelligence testing.
- PSYII.4.3 Describe components of test construction.
- PSYII.4.4 Describe the spectrum of intellectual abilities.
- PSYII.4.5 Describe the difference between achievement and aptitude tests.

Unit 5: Psychological Disorders

- PSYII.5.1 Describe the standards used to measure abnormal behavior.
- PSYII.5.2 Describe the classifications of psychological disorders.
- PSYII.5.3 Describe the anxiety disorders.
- PSYII.5.4 Describe the dissociative disorders.
- PSYII.5.5 Describe the somatoform disorders.
- PSYII.5.6 Describe the mood disorders.
- PSYII.5.7 Describe schizophrenia.
- PSYII.5.8 Describe personality disorders.

PSYII.5.9 Describe disorders.

PSYII.5.10 Describe how each of the major perspectives explain disordered behavior.

Unit 6: Therapies

PSYII.6.1 Identify the types of therapists.

PSYII.6.2 Assess the advantages and disadvantages of individual and group (family) therapy.

PSYII.6.3 Describe the approaches and techniques of therapies.

Unit 7: Stress

PSYII.7.1 Identify the types of stress.

PSYII.7.2 Describe the causes of stress.

PSYII.7.3 Describe the four types of conflict.

PSYII.7.4 Describe the responses to stress.

PSYII.7.5 Evaluate strategies for coping with stress and promoting wellness.

Unit 8: Social Psychology

PSYII.8.1 Explain factors that influence how individuals think about one another.

PSYII.8.2 Describe social factors that can influence individual behavior.

PSYII.8.3 Describe factors that can influence how individuals relate to each other

CITIZENSHIP GOALS

- Accepting responsibility for completing assignments and tasks
- Valuing the worth and dignity of all individuals
- Respecting the rights, property, beliefs and opinions of others
- Resolving conflicts through compromise or consensus
- Accepting the rights and responsibilities of citizenship
- Developing a positive self-image
- Appreciating one's place in society
- Appreciating the American culture and valuing its principles, beliefs and freedoms

SKILLS

- **Study Skills**
 - Taking organized and useful notes from lectures, discussions and varied sources of information
 - Using varied and diverse sources of information
- **Chart/Graph Skills**
 - Drawing inferences from charts, graphs, tables and maps
 - Using charts, graphs, tables and maps to organize, display and depict data
 - Making and interpreting special purpose maps
- **Problem-Solving/Decision-Making Skills**
 - Using the problem-solving approach to find a possible solution to a psychological problem
 - Stating hypotheses, analyzing and interpreting data and drawing conclusions
- **Critical Thinking Skills**
 - Recognizing stated and unstated assumptions

- Evaluating conflicting sources of information
- **Communication Skills**
 - Preparing oral and written reports, projects and presentations
 - Listening actively to the ideas and thoughts of others
 - Contributing ideas and thoughts to class discussion

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For further information please call (757) 263-1070.

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