



VIRGINIA BEACH CITY PUBLIC SCHOOLS
CHARTING THE COURSE

Department of Teaching & Learning
Parent/Student Course Information

Dual Enrollment Introduction to Psychology II
Tidewater Community College PSY 202
(PSY 202)

One Semester Course (One-half VBCPS credit, 3 TCC credits)

Counselors are available to assist parents and students with course selections and career planning. Parents may arrange to meet with the counselor by calling the school's guidance department.

COURSE DESCRIPTION

Introduction to Psychology II is a dual enrollment, one-semester course providing the successful student with three college semester credits and one-half Virginia Beach City Public Schools (VBCPS) elective credit. This course continues an examination of human and animal behavior, relating experimental studies to practical problems. It includes topics such as human development, personality, psychopathology, therapy and social psychology. Part II of II.

One Semester Course (One-half VBCPS credit, 3 TCC credits)

*Tuition, fees and textbook are the responsibility of the student in accordance with the dual enrollment regulation (5-30.2).

PREREQUISITE

Successful completion of Dual Enrollment Introduction to Psychology I

Course Learning Outcomes

Development and Learning Domain

Content Area: Life Span Development

Students are able to:

1. Discuss theories of cognitive, moral and social development.
2. Identify influences on prenatal development.
3. Describe the role of sensitive and critical periods in development.
4. Identify the major physical, cognitive and socio-emotional changes across the lifespan.
5. Explain the interaction of environmental and biological factors in development.

Sociocultural Context Domain

Content Area: Social Psychology

Students are able to:

1. Identify relationships between thought processes (e.g. attributions, attitudes, bias and perception) and social behavior.
2. Discuss obedience, conformity and compliance in relation to behavior and their impact on the power of the situation.
3. Describe how group dynamics influence behavior.
4. Discuss the nature and effects of stereotyping, prejudice and discrimination.
5. Discuss influences upon pro-social (e.g. altruism) and anti-social (e.g. aggression and conflict) behaviors.
6. Discuss factors influencing attraction and relationships.
7. Identify factors involved in influencing and persuading others.

Content Area: Sociocultural Diversity

Students are able to:

1. Discuss social and cultural diversity.
2. Discuss psychological research examining diversity among individuals.

Content Area: Personality

Students are able to:

1. Compare and contrast the major theoretical approaches to personality (e.g. psychodynamic, trait, humanistic and social-cognitive theories).
2. Identify techniques of personality assessment.
3. Discuss biological and situational influences on personality.
4. Discuss stability and change of personality.
5. Explain how culture and gender influence personality.

Content Area: Psychological Disorders

Students are able to:

1. Define psychologically abnormal behavior.
2. Describe major models of abnormality.
3. Describe the classification of psychological disorders.
4. Describe symptoms and causes of major categories of psychological disorders (including schizophrenic, mood and anxiety and personality disorders).

Applications of Psychological Science Domain

Content Area: Treatment of Psychological Disorders

Students are able to:

1. Explain different perspectives on treatment of psychological disorders.
2. Explain why psychologists use a variety of treatment options.
3. Identify biomedical treatments.
4. Identify psychological treatments.
5. Evaluate the efficacy of treatments for particular disorders
6. Identify ethical challenges involved in delivery of treatment

Content Area: Health

Students are able to:

1. Define stress as a psychophysiological reaction.
2. Identify and explain potential sources of stress.
3. Identify and explain physiological, cognitive and behavioral strategies to deal with stress.
4. Identify behaviors and attitudes that promote health.

Topics Covered in the Course

- Human Development
- Theories of Personality
- Abnormal Psychology
- Health and Positive Psychology Therapy
- Social Psychology

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Produced by the Department of Media and Communications for the Department of Teaching and Learning.
For further information please call (757) 263-1070.

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To seek resolution of grievances resulting from alleged discrimination or to report violations of these policies, please contact the Title VI/Title IX Coordinator/Director of Student Leadership at (757) 263-2020, 1413 Laskin Road, Virginia Beach, Virginia, 23451 (for student complaints) or the Section 504/ADA Coordinator/Chief Human Resources Officer at (757) 263-1133, 2512 George Mason Drive, Municipal Center, Building 6, Virginia Beach, Virginia, 23456 (for employees or other citizens). Concerns about the application of Section 504 of the Rehabilitation Act should be addressed to the Section 504 Coordinator/Director of Student Support Services at (757) 263-1980, 2512 George Mason Drive, Virginia Beach, Virginia, 23456 or the Section 504 Coordinator at the student's school. For students who are eligible or suspected of being eligible for special education or related services under IDEA, please contact the Office of Programs for Exceptional Children at (757) 263-2400, Laskin Road Annex, 1413 Laskin Road, Virginia Beach, Virginia, 23451.

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