

**Virginia Beach City Public Schools**  
**Department of Administrative Support Services**  
**Office of Food Services**  
**ADULT MENU for February 2012**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Items in brown contain whole grain</b></p> 		1 Turkey, Bacon and Cheese Club \$1.75 Pasta Salad \$0.75 Fruit Cup \$0.75	2 Chef's Wrap \$1.75 Fruit Cup \$0.75	3 Reuben Sandwich \$1.75 Fruit Cup \$0.75 
6 <b>Fresh</b> Vegetable Wrap \$1.75 Fruit Cup \$0.75	7 <b>Fresh</b> Oriental Salad \$3.50 Fruit Cup \$0.75 	8 Chipotle Chicken Wrap \$1.75 Fruit Cup \$0.75	9 <b>Fresh Taco</b> Salad \$3.50 Fruit Cup \$0.75 	10 Tuna Salad on Lettuce w/ Tomato Wedge <u>or</u> Tuna Salad on <b>WW Sub Roll</b> \$1.75 <b>Fresh</b> Vegetables \$0.75 w/ Dip Fruit Cup \$0.75
13 Gardenburger on <b>Whole Grain Bun</b> \$1.75 Fruit Cup \$0.75	14 <b>Fresh</b> Chicken Caesar Wrap \$1.75 Fruit Cup \$0.75 	15 Chicken Alfredo w/ <b>Whole Wheat Roll</b> \$1.75 Fruit Cup \$0.75	16 <b>Fresh</b> Spinach Salad \$3.50 Fruit Cup \$0.75 	17 Ham and Cheese Sandwich \$1.75 Macaroni Salad \$0.75 Fruit Cup \$0.75
20  <b>Presidents' Day Schools Closed</b>	21 <b>Fresh</b> Chicken BLT Salad \$3.50 Fruit Cup \$0.75 	22 Turkey, Bacon and Cheese Club \$1.75 Pasta Salad \$0.75 Fruit Cup \$0.75	23 Chef's Wrap \$1.75 Fruit Cup \$0.75	24 Reuben Sandwich \$1.75 Fruit Cup \$0.75 
27 <b>Fresh</b> Vegetable Wrap \$1.75 Fruit Cup \$0.75	28 <b>Fresh</b> Oriental Salad \$3.50 Fruit Cup \$0.75 	29 Chipotle Chicken Wrap \$1.75 Fruit Cup \$0.75		